



Building healthy communities

The YMCA is one of Canada's longest standing and lasting charities, serving the nation since 1851. We are a community of 1,000+ volunteers and staff working together to serve 30,000+ people in the Greater Saint John Region. We believe in helping children and families reach their full potential.

We are determined to be a genuine, welcoming, hopeful place that is nurturing and fun. Together, we will build a community where we share a sense of social responsibility, experience better health in spirit, mind, and body and where children and families can thrive.

Contact Us

Two Locations in Saint John

We invite you to visit one of our two locations in Greater Saint John. Request a tour from our team at the Welcome Desk and learn about everything that we have to offer.

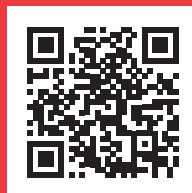
Saint John Regional Y

191 Churchill Boulevard, Saint John, NB E2K 3E2
membership@saintjohnny.ca | +1-506-693-9622

Irving Oil Field House

129 McAllister Drive, Saint John, NB E2J 2S7
irvingoilfieldhouse@saintjohnny.ca | +1-506-717-4080

Stay Connected



saintjohnny.ca



DOWNLOAD OUR FREE APP

Download our free **YMCA of Greater Saint John** mobile app for the most up-to-date program schedules and info. Available on Google Play and the App Store.



**YMCA of
Greater Saint John**

Membership



JOIN THE MOVEMENT

Strengthen
spirit, mind,
and body

MEMBERSHIP

JOIN TODAY

Why the Y?

- Access to both the Saint John Regional Y and the Irving Oil Field House facilities, including two fitness centres and walking/running tracks
- All Sports and Recreation, Aquatics, and Group Fitness programs are free with membership
- Swim lessons for all ages are free with membership
- Youth programs and Child Minding services are available (for an additional fee)
- Free access to YThrive exercise and coaching program to give you the tools and knowledge you need to improve your health regardless of your experience, age, or fitness level
- Digital and home fitness options through the Y@HOME+ and YThrive programs
- Health and wellness programs (e.g. Cardiac Maintenance, Nutrition 101, Women on Weights)
- National access to YMCAs across Canada
- No locked-in contracts

Membership Type	Biweekly Fee	Joiner Fee
Youth (under 18)	\$21.00 + tax	FREE
Adult	\$29.75 + tax	\$50.00
Adult Plus	\$43.00 + tax	\$50.00
Senior 65+ Package	\$28.50 + tax	FREE
Couple	\$53.00 + tax	\$50.00
Couple Plus	\$82.00 + tax	\$50.00
Parent & Children	\$47.00 + tax	\$50.00
Couple & Children	\$73.00 + tax	\$50.00
Single-Use Track Pass*	\$5.50 + tax	FREE
Ten-Use Track Pass*	\$45.00 + tax	FREE

Our **Plus Memberships** offer adults-only locker rooms with access to towel service, a lounge, and steam room.

The **65+ Package** requires no joiner fee, includes an annual fall risk assessment and health check, and gives members 20% off of all YMCA merchandise.

* Track Passes are available for non-members to use only at the 200-metre walking/running track at the Irving Oil Field House.



Strong Communities Campaign

Strong Kids. Strong Adults. Strong Families.

The Y offers financial assistance to individuals and families who face financial barriers to participation.

The YMCA Strong Communities Campaign raises money to provide access to YMCA programs that give kids, youth, adults, seniors and families the opportunities they need to reach their potential and to live healthier, happier lives.

YMCA Difference Makers

YMCA Difference Makers is a club of like-minded individuals who generously give monthly to help our most vulnerable community members access licensed child care and improve their health. You can become a monthly donor to help children, adults, and families reach their full potential.

Visit our website or contact our Welcome Desk to learn how you can apply for financial assistance, donate to Strong Communities, or become a Difference Maker.